

***Public Health Nutrition - Rural Urban and Global
Community-Based Practice 1st edition Barth Test
Bank***

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Test Bank for

PUBLIC HEALTH NUTRITION: RURAL, URBAN, AND GLOBAL COMMUNITY-BASED PRACTICE

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CONTENTS

- 1. Introduction to Public Health Nutrition 6**
 - Multiple Choice 6
 - True/False 7
 - Matching 7
 - Short essay 8
- 2. Nutrition Epidemiology Principles 9**
 - Multiple Choice 9
 - True/False 10
 - Matching 10
 - Short essay 11
- 3. Nutrition Epidemiology Research Methods 12**
 - Multiple Choice 12
 - True/False 13
 - Matching 13
 - Short essay 14
- 4. Behavioral Aspects of Public Health Nutrition 15**
 - Multiple Choice 15
 - True/False 16
 - Matching 16
 - Short essay 17
- 5. Public Health and Food Policy: Role in Public Health Nutrition 18**
 - Multiple Choice 18
 - True/False 19
 - Short essay 19
- 6. Food and Culture Importance in Public Health Nutrition 20**
 - Multiple Choice 20
 - True/False 21
 - Matching 21
 - Short essay 22
- 7. Promoting Nutritional Health, Healthy Food Systems, and Well-Being of the Community 23**
 - Multiple Choice 23
 - True/False 24
 - Short Essay 24

- 8. Rural Health: Importance of Interprofessional Approach 25**
 - Multiple Choice 25
 - True/False 26
 - Matching 27
 - Short essay 27
- 9. Urban Health and Urbanization: Acting on Social Determinants in Urban Settings 28**
 - Multiple Choice 28
 - True/False 29
 - Short Essay 29
- 10. Global Health: Importance of Interprofessional Approach 30**
 - Multiple choice 30
 - True/ False 31
 - Matching 31
 - Short essay 32
- 11. Community Assessments in Public Health Nutrition 33**
 - Multiple Choice 33
 - True/False 34
 - Matching 35
 - Short essay 35
- 12. Public Health Nutrition Program Planning 36**
 - Multiple choice 36
 - True/ False 36
 - Matching 37
 - Short Essays 37
- 13. Public Health Nutrition Interventions and Evaluation 39**
 - Multiple Choice 39
 - True/ False 40
 - Matching 40
 - Short Essay 41
- 14. Current Nutrition-Related Health Issues and Challenges 42**
 - Multiple Choice 42
 - True/False 43
 - Matching 44
 - Short essay 44
- 15. Professional Development Needs and Strategies in Public Health Nutrition 45**
 - Multiple Choice 45

True/False	46
Matching	46
Short essay	46
16. Summary Statements on Sustainability and Public Health Nutrition	47
Multiple Choice	47
True/False	48
Short Essay	48
17. Future Challenges, Trends, and Opportunities	49
Multiple Choice	49
True/False	50
Matching	50
Short essay	51

CHAPTER 1

INTRODUCTION TO PUBLIC HEALTH NUTRITION

MULTIPLE CHOICE

1. Who is the leader in shaping contemporary public health nutrition education in the United States?
 - a. Eleanor Roosevelt
 - b. Michelle Obama
 - c. Marie Curie
 - d. Virginia Apgar
 - *e. Mary Egan
2. Which of the following are key public health nutrition descriptors?
 - a. Solution oriented
 - b. Social and cultural aspects
 - c. Advocacy
 - d. Disease prevention and systems interventions
 - *e. All of the above
3. Select the two important documents that were forerunners of Healthy People series of science-based objectives for the U.S. population?
 - *a. Promoting Health/Preventing Disease: Objectives for the Nation
 - b. Moving to the Future: Developing Community Based Nutrition Services
 - *c. Nutrition and Your Health: Dietary Guidelines for Americans
 - d. Who Will Keep the Public Healthy
4. Which of the following is true regarding public health nutrition trends as reported by the World Congress of PHN in 2006? (Select all that apply.)
 - a. Global need for research
 - b. Need for improved technology
 - c. Strong collaborations between academia, public and private sectors for solutions for malnutrition and nutrition-related problems
 - d. Graduate coursework and experiential learning for the workforce
 - *e. All of the above
 - f. None of the above
5. Which of the following are core functions of public health?
 - *a. Assessment, assurance, and policy development
 - b. Assessment and interventions
 - c. Case-control and cohort
 - d. None of the above

TRUE/FALSE

1. Public health nutritionist, as defined by Margaret Kaufmann (1982), is “that member of the public health agency staff who is responsible for assessing community nutrition needs and planning, organizing, managing, directing, coordinating, and evaluating the nutrition component of the health agency's services”
*a. True
b. False
2. World Health Organization (WHO), created in 1948 as part of the United Nations, formed to combat communicable diseases and to improve maternal, infant, and child health and nutrition
*a. True
b. False
3. *Dietary Guidelines for Americans*, a hallmark document providing dietary guidance for the U.S. population that focused on healthful dietary patterns
*a. True
b. False
4. Evidence-based practice does not rely on scientific evidence for decision-making and informing practice
a. True
*b. False
5. Are the factors of behavioral, environmental, biological, societal, and economics that influence individual and population health
*a. True
b. False
6. World Public Health Nutrition Association, the first international organization to promote and improve public health nutrition (PHN) and to be the international voice of PHN
*a. True
b. False

MATCHING

Match each of the examples of essential public health nutrition services with the appropriate public health core function of Assessment, Policy Development, and Assurance.

Core Public Health Functions Examples of Essential Public Health Nutrition Services

1. Assessment (C)	A. Planning for nutrition services in conjunction with other health services, based on information obtained from an ongoing database focused on health outcomes.
2. Policy development (E)	B. Participating in nutrition research, demonstration, and evaluation projects.
3. Assurance (A)	C. Assessing the nutritional status of specific populations or geographic areas.
4. Assessment, assurance, policy development (B)	D. Epidemiology measure that is used to calculate the ratio of probabilities of disease among populations exposed and not exposed to a risk factor.

	E. Providing leadership in the development of and planning for health and nutrition policies.
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SHORT ESSAY

1. Briefly describe the five spheres of influence of the Social-Ecological Model used by public health nutritionists to help them understand the multiple levels of influence on nutrition and other health-related behaviors.
2. Outline at least three of the historical legislations leading to expanding the roles of public health nutritionists in the United States.
3. What is the mission of the World Public Health Nutrition Association along with two key purposes? (<https://wphna.org/about>)
4. Summarize the key focus areas of the three committees (Policy; Collaboration; Membership, Communication & Outreach) of the Association of State Public Health Nutritionists (<https://asphn.org/committees/>)
5. Discuss why it is important for public health nutritionists to have advanced training in both nutrition and public health.